

## Stop Drinking or Drinking in Moderation Prescription

Examinees' name:

### Summary

- 1) Alcohol Use Disorder Identification Test - Korean Revised Version (AUDIT-KR): \_\_\_\_\_ points,
- 2) Other illnesses that may be affected by drinking
  - ☐ Depression/Anxiety
  - ☐ Hypertension
  - ☐ Diabetes mellitus
  - ☐ Dyslipidemia (hyperlipidemia)
  - ☐ Gastrointestinal disease
  - ☐ Heart disease
  - ☐ Cerebral apoplexy (stroke)
  - ☐ Others:

### 1. Present drinking state

- ☐ Normal
- ☐ Danger
- ☐ You have an alcohol use disorder.

### 2. Drinking abstinence or drinking in moderation prescription

- 1) You have proper drinking habits.
  - ☐ Maintain your current drinking habits in order to avoid dangerous drinking behaviors.
- 2) You need to improve your drinking habits.

Your current drinking habits are at the dangerous level; therefore:

  - ☐ You should change your habits to fit within appropriate drinking behavior standards even though you do not presently have any physical complications.
  - ☐ You should not drink alcohol for a while until you recover from your physical complications (hepatic dysfunction, etc.).

You have an alcohol use disorder; therefore:

  - ☐ You must stop drinking completely.
- 3) You require medical attention and drug treatment.
  - ☐ For an alcohol use disorder, you require medical attention and an adjuvant prescription for abstinence from alcohol.
  - ☐ You require medical attention for your physical complications.

### 3. Other comments (100 characters or less)

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Physician's name / Signature

※ This prescription cannot be used for medication. It is only for developing life habits.